

Governor's Interagency Council on Substance Abuse and Prevention 2013 Annual Report

Governor Deval Patrick authorized Executive Order 496 in January 2008, re-establishing the Governor's Interagency Council on Substance Abuse and Prevention. The Executive Order charges the Council to work in collaboration with government agencies to support substance abuse prevention and treatment services in Massachusetts. As Chair of the Council, Lieutenant Governor Timothy Murray led three meetings of the Council in 2013. Following his departure from state government in June 2013, Department of Public Health Commissioner Cheryl Bartlett was named Chair of the Council. Commissioner Bartlett chaired two meetings of the Council in 2013.

Additionally, Executive Order 496 establishes an Executive Committee within the Council composed of a minimum of eleven members that meets on a bi-monthly basis to provide guidance on the recommendations of the Council. The Council's Executive Director, William Luzier, organized six meetings of the Council's Executive Committee in 2013.

Acronyms and Abbreviations

This document references several government agencies and programs. Below is a list of frequently used acronyms and abbreviations:

ICSAP	Interagency Council on Substance Abuse and Prevention
DPH	Massachusetts Department of Public Health
EOHHS	Executive Office of Health and Human Services
BJA	Bureau of Justice Assistance, U.S. Department of Justice
BSAS	Massachusetts Bureau of Substance Abuse Services
SAMHSA	U.S. Substance Abuse and Mental Health Services Administration
DOC	Massachusetts Department of Corrections
DMH	Massachusetts Department of Mental Health
DYS	Massachusetts Department of Youth Services

Summary of Meetings

Quarterly Council Meetings

January 16, 2013 – One Ashburton Place, Boston

Judge Mary Hogan Sullivan, First Justice of the District Court Department of the Trial Court, Dedham Division and the District Court Specialty Courts Administrator outlined the utilization of Specialty Courts and explained the operation of the Veteran's Treatment Court in Dedham.

Barnstable County Sheriff James Cummings, Steven Descoteaux, M.D., Medical Director of the Barnstable County Correctional Facility and Jessica Gallagher, MSN, RN,

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Assistant Director of Health Services at the Barnstable County Sheriff's Office explained the Vivitrol Re-Entry Program that has been piloted at the Barnstable County House of Correction.

April 24, 2013 – Paulist Center, Boston

In observance of April as Alcohol Awareness Month, Jan and Eric, representatives from Alcoholics Anonymous (AA) Central Service Committee of Eastern Massachusetts, presented a simulated Alcoholics Anonymous meeting followed by a discussion of how AA works.

May 30, 2013 – One Ashburton Place, Boston

Prior to his departure from state service, Lieutenant Governor Murray convened a meeting of the Council to review accomplishments and discuss further action steps. DPH Commissioner Cheryl Bartlett was designated as the new Chair of the ICSAP.

July 17, 2013 – One Ashburton Place, Boston

DPH Commissioner Cheryl Bartlett chaired the meeting and made a presentation on the newly promulgated DPH regulations for Registered Marijuana Dispensaries.

Karin Downs, Assistant Director for Clinical Affairs at the Bureau of Family Health and Nutrition at DPH and Co-Chair of the Fetal Alcohol Spectrum Disorder (FASD) Task Force, Enid Watson, Massachusetts FASD State Coordinator at the Institute for Health and Recovery, and Robert Turillo, DYS Assistant Commissioner of Program Services explained the recent work of the FASD Task Force and an FASD Awareness Training for DYS staff.

October 31, 2013 – 250 Washington Street, Boston

Judge Paula Carey, Chief Justice of the Trial Court and Harry Spence, Trial Court Administrator outlined the Trial Court Strategic Plan for Specialty Courts.

Cheryl Kennedy-Perez, BSAS Director of Housing and Homelessness presented a new SAMHSA funded grant, MISSION-Housed, which will fund housing chronically homeless with co-occurring substance use and mental health disorders in Boston, Cambridge and Somerville.

Executive Committee Meetings

February 21, 2013

Holly Hackman, MD, MPH, DPH Chief Epidemiologist reviewed recent Opioid Overdose Data.

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The Committee discussed the draft recommendations of the SAMHSA Policy Academy Team on Bringing Recovery Supports to Scale in Massachusetts.

March 21, 2013

Dr. Debra A. Pinals, DMH Assistant Commissioner of Forensic Health Services presented a National Framework for Working with Justice-Involved Individuals with Co-Occurring Disorders.

Steve Keel, BSAS Director of Prevention and Jose Morales, BSAS Assistant Director of Prevention discussed Revisioning Prevention.

May 16, 2013

Cheryl Kennedy-Perez, BSAS Director of Housing and Homeless Services, outlined a grant opportunity for provision of substance abuse services for homeless individuals.

The Committee discussed the Registered Marijuana Dispensary Regulations.

June 20, 2013

Joined on a conference call by human service providers from Maine and Vermont, the Committee discussed the implications of the registered marijuana dispensary regulations on agencies with an emphasis on learning from the experiences of states which have previous experience with medical marijuana.

September 19, 2013

Dr. Debra Pinals, DMH Assistant Commissioner for Forensic Mental Health Services reported on preliminary data from the MISSION-RAPS project, a women's re-entry initiative that offers case management for medium- and high-risk female offenders returning to the community from incarceration, and for which the Executive Committee served an advisory function.

November 21, 2013

Hilary Jacobs, DPH BSAS Director, offered a presentation recently made to the Health Policy Commission on BSAS services and the importance of expanding services for transition-aged youth (16 to 24 year olds).

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Advisory Function & Grant Programs

In 2013, the ICSAP Executive Committee continued as the advisory committee for a BJA grant administered by DMH which supports Community Re-entry for Women (CREW). CREW assists female inmates, most often dually-diagnosed with mental health and substance abuse disorders, transition to the community from incarcerated settings. In addition, the Executive Committee served as the advisory committee for a related BJA grant, also administered by DMH, for the Re-entry and Peer Support (RAPS) service.

Bureau of Justice Assistance Community Re-Entry for Women

The MISSION- CREW service provides re-entry services for non-violent female offenders with mental health and substance use disorders and histories of trauma who are returning from a period of incarceration to the greater Boston Area. The MISSION model serves as an intensive in-reach into correctional facilities and outreach with a re-entry service specialist and peer participant who both work intensively with the women providing them dual recovery therapy and community support. The program, established through a grant to DMH from the BJA, was established as a collaborative effort between DMH, DOC, DPH and the University of Massachusetts.

Bureau of Justice Assistance Re-entry and Peer Support

The MISSION-RAPS service is based on the lessons learned from MISSION-CREW but provides similar services to medium-and high-risk female offenders who are transitioning to the community. Supported by a BJA grant, it is a similar collaborative effort.

Other Grant Programs

The ICSAP and the Executive Committee also assisted and supported additional grants awarded to state agencies, including the Statewide Drug Court Enhancement Grant; a SAMHSA Policy Academy; and the Strategic Prevention Framework Partnership for Success Grant.

Statewide Drug Court Enhancement Grant

This three-year \$1.2 million grant from the U. S. Department of Justice, Bureau of Justice Assistance will offer technical assistance and training to the Commonwealth's fifteen Drug Courts supporting the use of nationally recognized evidence-based treatment and specialty court strategies; developing a comprehensive data collection, reporting and information sharing system; strengthening links between community-based treatment providers and Drug Court teams; and offering judicial mentoring for Drug Courts throughout the state. In conjunction with this grant, the Trial Court is developing a strategic plan for specialty courts. The grant steering committee has merged with the

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Trial Court Cross-Department Specialty Courts Steering Group to better coordinate mutual goals. Two conferences, "Addiction in the Criminal Justice System: Role of Drug Courts" and the Northeast Association of Drug Court Professionals Annual Conference were held in Massachusetts in 2013.

SAMHSA Policy Academy – Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS)

This SAMHSA grant supported the collaboration of twelve administrators, providers and consumers from across the Commonwealth to explore and promote the expansion of access to peer driven and provided support services for mental health and substance abuse clients.

The ICSAP's Executive Director was chosen to lead this team. A report of the effort was presented to DMH senior management and DPH leadership.

Strategic Prevention Framework Partnership for Success

This \$3.6 million three-year SAMHSA grant will enable the communities of Boston, Worcester, New Bedford, Fall River, Springfield, Lynn, Brockton and Quincy to develop a local prevention response to prescription drug misuse and abuse. The communities were chosen based on the highest need.

Recovery High Schools

Massachusetts is a national leader in the recovery high school program. In 2006, through the leadership of the ICSAP and grant funding from DPH, three recovery high schools were established. Recovery high schools are alternative, multi-service secondary schools for students with substance use disorders. In addition to offering a full academic program that leads to high school graduation, the schools also incorporate numerous service components to support a student's commitment to recovery.

The three recovery schools first established in Massachusetts are in Beverly, Boston, and Springfield. Independence Academy, the state's fourth recovery high school, opened in January 2012 and is a partnership between the North River Educational Collaborative and Brockton Public Schools.

The Executive Director of the ICSAP chairs monthly meetings with the principals and administrators of the recovery high schools.

In July 2013, the Executive Director of the ICSAP attended a national conference of the Association of Recovery Schools in Del Mar, California.

Interagency Collaborations

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- Regular weekly telephone conferences are held to discuss criminal justice collaboration and grant opportunities among the ICSAP, DPH, DOC, DMH, DYS, and the University of Massachusetts.
- The Interagency Work Group on Youth and Young Adults meets monthly and the meetings are attended by representatives from the ICSAP, DYS, DMH, DPH, the Department of Children and Families (DCF), the Department of Education (DOE), the Institute for Health and Recovery, and MassHealth.
- A Section 35 Operations Interagency Group consisting of representatives from the ICSAP, DPH, DMH, the Probation Department, and DOC meet monthly to discuss issues related to civil commitments of substance abusers deemed by the Court to be a danger to themselves or others at facilities in Brockton, New Bedford and Bridgewater.
- The Fetal Alcohol Spectrum Disorder Task Force, consisting of representatives from the ICSAP, DMH, DPH, the academic and medical community, providers and parents, meets on a regular basis to develop responses to the issues presented by consumption of alcohol during pregnancy.

Other Activities

- The Executive Director of the ICSAP was active in the planning and execution of a conference on diversion from jail of those suffering from mental health and substance use disorders. The Justice and Behavioral Health Strategic Planning Conference is the result of a Department of Justice Second Chance Act grant.
- “Speak Now, a SADD day on Beacon Hill” offered over 150 members of Students Against Destructive Decisions an opportunity to speak with legislators about the dangers of youth abuse of alcohol and prescription drugs. ICSAP co-sponsored the event and the keynote speaker was Lieutenant Governor Murray.
- Following the passage of a referendum on medical marijuana in November 2012, ICSAP Executive Director participated in the drafting of regulations governing the administration of the law, and attended listening sessions to gauge community input.
- Following the June 20, 2013, meeting of the Executive Committee, a subcommittee was designated to coordinate the response of EOHHS agencies to registered marijuana dispensaries.

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Further Efforts and Resource Needs

In accordance with Executive Order No. 496, Section 1(d), below are recommendations submitted by the Executive Director with review by the Chair of the Council for “further efforts and resource needs.”

Recommended Further Efforts:

- Continue to monitor and foster progress on the implementation steps in the Updated Substance Abuse Strategic Plan.
- Cooperate with the Trial Court to maximize opportunities for the creation of specialty courts, especially drug courts.
- Work to maximize resources devoted to jail diversion and offender reentry and work to minimize the “criminalization” of substance use disorders.

Recommended Resource Needs:

- Maintain the mandated federal maintenance of effort level for funding support of prevention and treatment programs. With current economic challenges on both the federal and state level, limited resources are available. Recognizing such, support for prevention and treatment services should at least be maintained at the mandated federal maintenance of effort level. If not maintained at this level, these programs will be in peril of losing matching federal funding, essentially doubling the negative impact of budget cuts.
- Continue to collaborate with partnering agencies to maximize federal grants, when possible.
- Enhance treatment and prevention services for opioid abuse, especially in high-need communities across the state.